

Sponsored by: PASA

FirstSave Goalkeeper Academy

High School Boys and Girls Preseason Goalkeeper Training

Price

\$150 includes 2 gloves and 4 sessions

Train Hard, Train Right

Academy Dates

February 7, 9, 14, 16

Time

6-7:30

Location

Liberty Soccer
Field

For more info contact:

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- FirstSave Goalkeeper Academy will offer both novice and experienced Goalkeeper 4 one and half hour sessions that will target the technical, tactical, physical and mental aspects of the position. The Academy will provide specific instruction in the areas of shot stopping, crosses, breakaways, communication, positioning and distribution.
- **This short intensive is meant to provide the high school goalkeeper a quick warm up prior to pre-season kicking off.** It will push those looking to train at a higher level and get you ready to compete for that starting spot on the team.
- Space is limited and will be cut off when all the spots have been filled.