

# FirstSave Goalkeeper Academy

## Academy Dates

March 22, 29

April 5, 12, 19, 26

## Time

6:00-7:30

\$150 for 6 weeks

Includes jersey/gloves

**Ages: 8-13**

**14-18**

Sponsored by: Pasa

For more info contact:

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Dean Short

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Where: Liberty University

Soccer Field

1971 University Blvd

Lynchburg, VA 24502

## Train Hard, Train Right

- FirstSave Goalkeeper Academy will offer both novice and experienced Goalkeeper 6 one and half hour sessions that will target the technical, tactical, physical and mental aspects of the position. The Academy will provide specific instruction in the areas of shot stopping, crosses, breakaways, communication, positioning and distribution. The Academy will be directed by Dean Short and A.J. Madero, former collegiate and professional goalkeepers and current assistant coaches at Liberty University.
- The purpose of this academy will be to create a fun and competitive environment where goalkeepers can grow and develop in the position they love all year long.

